



24 HOURS FOR THE LORD

FRIDAY/SATURDAY 29-30 MARCH

All 24 Hours are being hosted right here at Holy Spirit Parish! We are honored to get to put into action Pope Francis' call to open churches for 24 hours so others can grow in trust, curiosity, and openness and to seek Jesus in the silence of prayer and the grace of the sacrament of Reconciliation in the context of Adoration of the Blessed Sacrament. Please join us! And invite others to join you!
This is for everyone!

- 6pm -- Exposition & Adoration with silence/Reconciliation
Check out a #CatholicFishFry in town beforehand:
St. Adalbert's Fishing for Forgiveness (5-7pm)
Pacelli High School (4-7pm)
St. Bronislava Parish (4:30-7pm)
- 8pm -- Adoration with Praise & Worship Music/Reconciliation
- 10pm -- Adoration with Prayers of Taize (10am)/Reconciliation
- 12am -- Adoration with Rosary (12am) -- then silence
- 2am -- Adoration in silence
- 4am -- Adoration in silence
- 6am -- Adoration with Stations (at 7am) -- then silence
- 8am -- Adoration in silence/Reconciliation
- 10am -- Adoration & Healing Service (10am) with Anointing
- 12pm -- Adoration with Rosary (12pm) -- then silence
- 2pm -- Adoration with Divine Mercy Chaplet (3pm) and silence
- 4pm -- Adoration in silence, Benediction (4:30) & Mass (5pm)

The above are just 2-hour markers -- come anytime and for any length of time! The sacrament of Reconciliation will be celebrated from 6pm-midnight and again from 8-10am.

Soooo...like, what do I do at 24 hours for the Lord?

Well, the proper posture when you enter the church during Adoration is to genuflect on both knees before entering a pew. This act of reverence indicates you recognize that Jesus is present in a special way in the exposed Blessed Sacrament, as opposed to in the tabernacle. If you are unable to genuflect, then bow at the waist on your way into your seat.

OK. I'm in my seat. Now what?

Now you pray. Posture is up to you. Sit, stand, kneel. There's no right way to pray. Some people pray rote prayers. Some people read. Some people just close their eyes and rest in Jesus. Some people fall asleep. Some people do work. If you happen to be present during a special devotion or time of prayer -- participate as you can or as you feel called. If you don't know what to do -- just ask -- or watch -- you'll catch on. We don't do anything too complicated.

Do I have to be Catholic to do this?

Nope. You need to be Catholic to celebrate Reconciliation -- but anyone can come pray and/or be prayed with.

What if I have other questions?

There will be a 24 Hour team member there most of the time to help direct you, answer questions, or to pray with you. As you enter the church, find the sheet that looks like this for a little more detail and instruction. You belong here!

So What's the Big Deal About 24 Hours for the Lord Anyway?

Colleen O'Dowd

6 years ago Pope Francis revisited a long-ongoing practice of opening churches for 24 hours, celebrating the Sacrament of Reconciliation in the context of Eucharistic Adoration. It started out small, and eventually it grew into a worldwide weekend of encounter -- known today as 24 Hours for the Lord. Some places do it -- some places don't -- some places already have something similar in place -- some places use this 4th weekend of Lent (Laetare = Rejoice) which is the parallel Sunday of the 3rd weekend of Advent (Gaudete = Joy). These 2 weekends mark the halfway journey through Advent and Lent. We know how the story ends -- so while we are both prayerful and pre-

paratory -- on these weekends we are also quietly joyful. We rejoice at 24 Hours for the Lord for the gift of mercy in Reconciliation and for the presence of Jesus Himself in the Blessed Sacrament.

"The only time our Lord asked the Apostles for anything was the night he went into agony. Not for activity did he plead -- but for an hour of companionship." --Ven. Fulton Sheen

"Every time you approach the Blessed Sacrament remember that Jesus has been waiting twenty centuries for this visit from you."
-- St. Josemaria Escriva

"If the heart is clear, a warm sunshiny day brings joy and health to the body. We do not think of the sun, we feel the warmth of the sun all about us, we feel it in the air, we see it reflected in people's faces, we can feel buds bursting on the trees in the parks."

It is like that to sit in the presence of the Blessed Sacrament in church. We do nothing, we don't think, or we have distractions, perhaps. The memory and understanding are feeble, but our good will has brought us there -- our will to love and be loved. [Jesus] there in the tabernacle, in His humanity and divinity, is like the sun acting upon us, healing us of infirmities... -- Servant of God Dorothy Day

"Adoration calls us to take a break from our busy lives and enter into quiet contemplation. The blessings are abundant -- most especially the opportunity to spend time in the presence of our Eucharistic Lord and deepen our relationship with him. And while it's true that we can walk into any Catholic church in the world and pray before the tabernacle at any time, there is something to be said about the grace of joining together as the Body of Christ, all called to Eucharistic Adoration. Where two or three are gathered, indeed."

— Ken Canedo, Oregon Catholic Press & Holy Trinity Parish

Some terms:

Exposition: Putting the consecrated host in the monstrance (big gold sunbursty thing) or the ciborium (small gold dish with lid from the tabernacle) on the altar.

Adoration: the time between Exposition and Benediction or when one visits the Lord in the Blessed Sacrament in the tabernacle.

Benediction: an ordained minister takes the monstrance or ciborium and blesses the people with it.

Reposition: when the Blessed Sacrament is returned (placed in repose/rest) to the tabernacle by a minister (this could be an ordained minister or a lay minister who has been specially trained and commissioned).

If you are a regular participant in our weekly times of Adoration -- this is for you!

If you are a first-timer to Adoration -- this is for you!

If you are a family with children -- this is for you! Seriously -- try it for just 10-15 minutes!

If you are looking to try another way to:

-Pray during Lent

-Pray for the people in your small group during Lent

-Just sit and listen for Jesus

-Celebrate Reconciliation at a time other than the Lenten Penance Service at St. Peter's or Saturday mornings

THIS IS FOR YOU!

Come on Holy Spirit Parish! Get your rosary group, prayer group, book group, FF group, discipleship group, gym group, coffee group, sewing group, liturgical ministry team, parish committee, family, whatever -- together and spend some time in prayer! Offer someone a ride -- take up an overnight shift -- take your child/friend/seeker to pray for awhile and then out to breakfast! Or come on your own and take time for yourself and Jesus. About half the time will be silent -- and the other half we will sprinkle in music, other types of prayer, devotionals, and more. Trust. Be curious. Be open. Seek. Commit.